

B.K.S. Iyengar Yoga Vereniging Nederland
 p/a Frederiksoordweg 1, 9968 AK Pieterburen
 Bankrekening nummer: 43 11 29 282
 (ABN AMRO, Winsum)
 IBAN: NL97ABNA0431129282
 BIC: ABNANL2A

**Orders can be submitted to:**

Jan J. R. Toussaint
 In de Watermolen 30
 1115 GC Duivendrecht
 Telephone: 020-4160316
 Fax: 020-4166470
[Mailto: jjrtoussaint@freeler.nl](mailto:jjrtoussaint@freeler.nl)

Prices Study Material

Sales prices in € (EURO)
Price changes until further notice
Titles are in English
unless (stated otherwise)

Titles**Units Excl. BTW BTW Incl. BTW Total****Books**

70 Glorius Years	17,92	1,08	19,00
A Class After A Class	4,72	0,28	5,00
A Gem For Women	17,92	1,08	19,00
A Matter Of Health	45,28	2,72	48,00
Alpha and Omega Of Trikonasana	8,49	0,51	9,00
Art Of Yoga	14,15	0,85	15,00
Asta Dala-1	15,09	0,91	16,00
Asta Dala-2	16,04	0,96	17,00
Asta Dala-3	16,04	0,96	17,00
Asta Dala-4	16,04	0,96	17,00
Asta Dala-5	16,04	0,96	17,00
Asta Dala-6	16,04	0,96	17,00
Asta Dala-7	16,04	0,96	17,00
Asta Dala-8	16,04	0,96	17,00
Basic Guidelines For Teachers Of Yoga	9,43	0,57	10,00
Guruji Uvacha	8,49	0,51	9,00
Illustrated Light On Yoga	11,32	0,68	12,00
Light on Astanga Yoga	10,38	0,62	11,00
Light on Life (paperbackback edition) - YOG	18,87	1,13	20,00
Yoga als Levenskunst (Dutch)	26,32	1,58	27,90
Light On Pranayama (Poona edition)	13,21	0,79	14,00
Light On Yoga	16,04	0,96	17,00
Light On Yoga Sutras (Poona Edition)	13,21	0,79	14,00
Prashant Uvacha	15,09	0,91	16,00
Tree Of Yoga	8,49	0,51	9,00
Understanding Yoga Through Body Knowledge	10,38	0,62	11,00
Yoga als Levenskunst (paperback editie)	26,32	1,58	27,90
Yoga And The New Millenium	7,55	0,45	8,00
Yoga Dipika (Dutch)	21,23	1,27	22,50
Yoga For Children	15,09	0,91	16,00
A Preliminary Course - Yoga In Action	9,43	0,57	10,00
Yoga Pushpanjali	16,98	1,02	18,00
Yoga Rahasya A&B	21,70	1,30	23,00
Yogadhara	19,81	1,19	21,00
Yogashashtra Book 1	6,60	0,40	7,00
Yogashashtra Book 2	7,55	0,45	8,00

B.K.S. Iyengar Yoga Vereniging Nederland
 p/a Frederiksoordweg 1, 9968 AK Pieterburen
 Bankrekening nummer: 43 11 29 282
 (ABN AMRO, Winsum)
 IBAN: NL97ABNA0431129282
 BIC: ABNANL2A

**Orders can be submitted to:**

Jan J. R. Toussaint
In de Watermolen 30
1115 GC Duivendrecht
Telephone: 020-4160316
Fax: 020-4166470
[Mailto: jjrtoussaint@freeler.nl](mailto:jjrtoussaint@freeler.nl)

Prices Study Material

Sales prices in € (EURO)
Price changes until further notice
Titles are in English
unless (stated otherwise)

Titles**Units Excl. BTW BTW Incl. BTW Total****Audio Cassettes**

80th birthday talks	18,49	3,51	22,00
Anatomy & Physiology	5,04	0,96	6,00
Chakras	6,72	1,28	8,00
Lyricalised Yoga sutras	9,24	1,76	11,00
Pancha Mahabhutas	11,76	2,24	14,00
Pranayama Level 1	4,20	0,80	5,00
Recitation of Yoga Sutras	6,72	1,28	8,00
Yoga Drishti	4,20	0,80	5,00

Audio CD-ROM's

Yogasutra Recitation	6,93	1,32	8,25
Yoga and the New Millennium	6,93	1,32	8,25
Chakras	6,93	1,32	8,25
Hanuman and Hanuman Yoga	6,93	1,32	8,25
Lyricalised Yogasutras	6,93	1,32	8,25
5 pearls from the Sutras	6,93	1,32	8,25
Pranayama 1	6,93	1,32	8,25

Video

Geeta Iyengar Yoga convention 2002	21,01	3,99	25,00
Samadhi	21,85	4,15	26,00

Instructional CD-ROM's

An interview with Guruji	15,13	2,87	18,00
Iyengar Yoga For All	10,08	1,92	12,00
Yoga For Asthma	16,81	3,19	20,00
Yoga For Blood Pressure	16,81	3,19	20,00
Yoga For Stress	21,01	3,99	25,00
Yoga For You	24,37	4,63	29,00

Video CD's

B.K.S. Iyengar 80th Birthday Celebrations	180,67	34,33	215,00
Atmajnana Yoga - B. K. S. Iyengar's 85th Birthday Celebrations	147,06	27,94	175,00
Yog - Sadhana - Geeta S. Iyengar's 60th Birthday Celebrations	117,65	22,35	140,00
B.K.S. Iyengar - Leap of Faith DVD	14,29	2,71	17,00

B.K.S. Iyengar Yoga Vereniging Nederland
 p/a Frederiksoordweg 1, 9968 AK Pieterburen
 Bankrekening nummer: 43 11 29 282
 (ABN AMRO, Winsum)
 IBAN: NL97ABNA0431129282
 BIC: ABNANL2A



Orders can be submitted to:

Jan J. R. Toussaint
In de Watermolen 30
1115 GC Duivendrecht
Telephone: 020-4160316
Fax: 020-4166470
[Mailto: jjrtoussaint@freeler.nl](mailto:jjrtoussaint@freeler.nl)

Prices Study Material
Sales prices in € (EURO)
Price changes until further notice
Titles are in English
unless (stated otherwise)

Titles

Units Excl. BTW BTW Incl. BTW Total

Other

Brochures

Brochure Mobility in Stability	5,55	1,05	6,60
Light On Bellur	3,57	0,68	4,25
B.K.S. Iyengar 90th Birthday Presentation	5,88	1,12	7,00

T-shirts

Light-On T-shirts	10,08	1,92	12,00
Signature T-shirts	10,08	1,92	12,00
Trikonasana T-Shirts	10,08	1,92	12,00